

Fleet Phospho-Soda Colonoscopy Prep

Name: _____ Date: _____

Check in Time: _____ Physician: _____

_____ Presbyterian Gastroenterology Lab (505) 841-1740
1001 Silver SE Albuquerque, NM 87106
_____ Lovelace Medical Center (505) 727-7247
601 Dr. Martin Luther King Jr. Ave Albuquerque, NM 87102
_____ Rio Rancho Presbyterian Gastroenterology Lab (505) 462-6300
3715 Southern Blvd. SE Rio Rancho, NM 87124

****Fleet Phospho-soda EZ-Prep, oral saline laxative, may be purchased at the pharmacy of your choice. A prescription is not required.** You will purchase one (1) box of EZ-Prep which includes two (2) bottles (1) 1.5 fl. oz & (1) 1.0 fl. oz.**

Three (3) days prior to your procedure please avoid: aspirin/aspirin containing products, corn, celery, nuts and foods containing seeds.

This prep will cause multiple bowel movements, often within 30 minutes and often taking as long as 3 hours. Individual responses to laxatives vary. Please remain within easy access of toilet facilities.

Both doses of laxative must be taken without exception.

One (1) day prior to procedure: _____

- Continue prescription medication(s) unless otherwise instructed.
- You may have a light breakfast.
- At 8:00AM mix dose 1 (blue label) follow the mixing directions on the box and drink all the contents. Immediately drink at least 1 more full glass (12 fl. oz.) of clear liquids.
- Continue liquid diet for the remainder of the day.
- Clear liquid includes: strained fruit juices without pulp, flavored fruit drinks, gelatin, ice, snow cones, carbonated beverages, water, clear broth, coffee and tea.
- **Milk, milk products and nondairy creamers are not allowed.**

Day of procedure: _____

- Continue prescription medication(s) unless otherwise instructed.
 - Three (3) hours prior to check in, mix dose 2 (orange label) follow the mixing directions on the box and drink all the contents. Immediately drink at least 1 more full glass (12 fl. oz.) of clear liquids.
 - Continue liquid diet until you report to the hospital.
- You must have someone available to drive you home.**